



YOUTH GIRLS LACROSSE

WHO? GIRLS GRADE 1-5

WHAT? SPRING LACROSSE SKILLS, SCRIMMAGES, BIG SISTER PROGRAM WITH VARSITY AND JV.

WHEN? 4:00-5:00PM: 1/17, 1/24, 1/31, 2/7, 2/14, 2/28, 3/6, 3/12, 3/20, 3/27, 4/3, 4/10

THURSDAYS JANUARY & FEBRUARY, WEDNESDAYS MARCH & APRIL

WHERE? CSN LACROSSE VARSITY PRACTICE FIELD NEAR FIELD HOUSE. AFTER SNACK/CLOTHING CHANGE, WALK DOWN TOGETHER

WHY? DEVELOP SKILLS, BUILD CONFIDENCE, HAVE FUN WITH FRIENDS, PREP FOR JV IN 6th GRADE

COST: \$300 PER PLAYER (\$25 PER SESSION) Checks made out to CSN ATHLETICS NOTE: GIRLS LACROSSE

REQUIRED: EACH PLAYER MUST BE A USL MEMBER

Register at: www.uslacrosse.org

Tuesday March 12th: Practice 4-5pm

March 13th: JV and Varsity will attend Ave Maria University Lacrosse game at 5pm. Varsity Carpools leave CSN at 4pm if interested in attending. Coach Melody will be officiating the game.

COACH MELODY: Cell: (703) 470-8421 E-Mail: MTurner@communityschoolnaples.org

