

Community School of Naples



Athletic Handbook

Welcome to Community School of Naples (CSN) Athletics!

CSN's Athletic department is committed to "Excellence" and believes leadership and character development are the foundation of athletics. Wins and losses in athletics leads to success in life! Our aim is to match "Athletic Excellence with Academic Excellence" and "Forge global citizen leaders of tomorrow through rigorous athletic competition today." Athletic competition provides our students the opportunity to hone leadership skills, test character, and elevate confidence as they strive for "Team Excellence" while they experience personal growth. Our coaches embrace the concept of winning with teamwork, leadership, respect, integrity and work ethic on and off the field. In fact, this past year—10 teams were crowned District Champions or Runner-up; in addition, 7 teams went on to Region competition, 2 of them reached the Region Finals and Boys Track & Field placed 5th at State! Individual successes mirrored our team honors as 5 student-athletes were crowned Naples Daily News "Prep Athlete of the Week;" while 5 student-athletes were selected as "Top 3 Finalists" at the Southwest Florida Sports Awards. In addition, CSN had 47 student-athletes earn either 1st Team, 2nd Team, 3rd Team or Honorable Mention honors in All-Area competition; and we witnessed 9 new CSN records in Swimming & Diving and Track & Field!

This past May, we celebrated our Middle School (MS) athletic program which included honoring 63 MS students that earned either a JV or Varsity roster slot. Once again, we enjoyed an 80% athletic participation rate for Upper School (US) students on Junior Varsity and Varsity rosters and 76% MS students on a MS team. Here are some amazing results: **29 MS student earned a 3.0 GPA or higher and played on 3 or more teams this year! 37% of Seniors earned a 3.75 GPA or higher and earned multiple Varsity letters! 16% of Seniors signed National Letters of Intent to NCAA Colleges nation-wide! Since 2015—CSN has averaged 13% Student Athletes who transition to NCAA Institutions to continue their athletic careers and produced 2 Collier County Winged Foot Winners! Since 2016—CSN produced 7 Individual State Champions in Track & Field and Swimming and 169 All-State or All-Area selectees + 3 All-Americans!**

The above mentioned results illustrate our commitment to faculty, parents and students and the true holistic value of athletics as it relates to higher education and success in life. Moving the needle with respect to college admissions and leveraging athletics to better balance our student resumes remains essential to CSN! All this success doesn't happen without the dedication and support our student-athletes continue to receive from CSN Leadership, faculty, coaches, family and friends. Again, welcome to CSN Athletics and our proud heritage of "Excellence."

Sincerely,

**Bart W. Weiss, Colonel (ret), USAF
Director of Athletic Operations
Community School of Naples**

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School Mission Statement

CSN is committed to academic excellence. We inspire and empower students to realize their own potential as engaged learners and responsible global citizens. In support of our vision to be a world-class independent school, meeting our mission in memorable ways for the benefit of every student, every day; we rely on the commitment of our coaches, support from parents, dedication of great faculty and involvement of our students.

Athletic Philosophy

CSN offers a broad-based athletic program! CSN student-athletes participate in 22 different sports with 46 teams for both male and female students in grades 6-12 that directly support our 22 sports. We take pride in adhering to the policies and procedures of the Florida High School Athletic Association (FHSAA) and guidelines of the Florida Council of Independent Schools (FCIS). Our athletic program is competitive and not recreational in nature; however, we value progressive development in our Middle School (MS) students. Participation in athletics carries obligations relating to sportsmanship, commitment, and moral aptitude; in fact, CSN Athletic Department remains committed to being an integral part of the overall educational experience at CSN. We believe competitive athletic opportunities for our students are integral to a robust educational experience which directly correlates to better opportunities to more than 1,200 Universities and Colleges nation-wide. Activities that nurture and develop teamwork, leadership, respect, integrity and excellence better prepare our student-athletes to become more engaged global citizens inspired and empowered to realize their full potential.

Athletic Department Mission Statement & Vision

Athletic participation is a privilege, not a right! Athletics enhance our students' educational experience and uniquely align with CSN's mission and vision. We are committed to Excellence! Athletics provide our students personal growth opportunities that focus on teamwork, leadership, respect, and integrity within an environment that stresses communication and excellence. Our vision is to ***“Forge global citizen leaders of tomorrow through rigorous athletic competition today.”*** We challenge students to embrace “Excellence” by stressing the seven “Cs” of success! Those seven “Centers of Excellence” are communication, commitment, cohesion, competition, challenge, culture and character. We will:

- **Communicate** guiding principles of CSN's mission, *“Inspire and empower students to realize their own potential as engaged learners and responsible global citizens”* through Athletics.
- **Commit** to produce and maintain winning sports programs within FHSAA rules and regulations.
- Create, sponsor and provide program **Cohesion** to engage CSN and the Naples community.
- Offer **Competitive** athletic opportunities that meet expectations of Excellence.
- **Challenge** our community to live a healthy and active lifestyle.
- Foster an inclusive **Culture** that nurtures intellectual growth, physical development and social interaction.
- Develop **Character** in our students with values reflecting the richness and diversity of CSN.

Student-athlete Expectations:

- Break out of the herd mentality to influence others in positive ways.
- Create environments that are conducive to higher grades.
- Raise empathy, eliminate bullying and challenge each student to reach their full potential.
- Capitalize on personal strengths to be college-ready upon graduation.
- Develop critical thinking skills that produce better life choices, such as choosing healthy friends, improving study habits, and setting meaningful goals.

Coach, Teacher and Parent Expectations:

- Empower students who take initiative to improve their school's culture.
- Inspire a younger generation so that they will listen to you.
- Guide unprepared adolescents to realize their own potential as engaged learners.
- Develop students who think and act like responsible global citizens.
- Reduce disciplinary problems, so teachers are free to invest more time in students.

Values

Consistent with CSN's mission, the Athletic Department operates a broad-based athletic program that reflect the interests of the student body, the ethical principles of CSN and the desires of its friends, family, patrons and the Naples community. In carrying out its mission, the following principles shall apply:

- Leadership of the Department will be visionary, decisive, motivating and participatory.
- Provide a safe, hospitable and enjoyable environment for guests and patrons.
- Facilitate the health, safety, resiliency and well-being of each participant.
- Develop a clear set of goals that focus on attainable goals, incentives, rewards, organizational structures and the presence of effective processes for assessment and self-improvement.
- Cultivate programs that maximize involvement of students, faculty, staff, alumni, friends and family of CSN while recognizing and promoting the enhancement of diversity.
- Promote the highest standards in areas of academic, arts and athletic achievement, personal growth and citizenship.
- Enrich the student educational experience and contribute to the quality of life throughout the campus and local community.
- Advance the highest level of interscholastic athletic competition and compete at the appropriate State Series level.
- Demand integrity, respect and ethics while maintaining a fiscally responsible structure that emphasizes sound leadership, teaching and coaching.
- Appropriately adapt to the needs and interests of students, outreach goals of CSN, competitive rigors of the FHSAA and financial demands of the ever-changing environment through regular evaluation and assessment.
- Identify, attract and retain staff who exhibit strong commitment to the values of the organization including open and honest communication, high energy, initiative, enthusiasm, and creativity.

Affiliations

CSN is a member of the FHSAA. The FHSAA directs, supervises, and regulates all interscholastic athletic activities of its member schools. As members of the FHSAA, CSN is bound to the policies and procedures set forth by the FHSAA. We are recognized by the FHSAA as a Combination School. A Combination School is Senior High School with grades 6 through 12 as eligible student athletes. In addition to being members of the FHSAA, we are also members of the Gulf Coast Athletic Middle School Conference; this conference is comprised of various Private and Public FHSAA member schools.

FHSAA Eligibility and Requirements

Per FHSAA bylaws, all student-athletes must have a physical exam (EL2 Form), “Consent and Release from Liability Certificate” (EL3 Form), “Affidavit of Compliance with the Policies on Athletic Recruiting & Non-Traditional Student Participation (GA4) if your child enrolled at CSN at grade level 7, 8, 10, 11 or 12—if your child entered 6th or 9th grade and proof of age verification signed before participating in any FHSAA-sponsored activity. The new EL3 form contains parental/student consent, release and acknowledgement plus concussion, sudden cardiac arrest and heat related illnesses information. The physical exam must be completed annually and is valid for 365 days. The EL3 form must be completed annually, while a copy of the birth certificate will be kept on file for the duration of the student-athlete’s high school career. These forms are available in the athletic office and available for download on CSN’s website (www.communityschoolnaples.org). Recent changes in Florida Law (HB 7029) incorporated many of the FHSAA policy and bylaws; in fact, this law established standards and guidelines to use in Code of Student Conduct policies set by individual School Districts and Private schools. In addition, this law also defined legal transfer rules for all schools to follow as it relates to eligibility.

Athletic Recruiting

CSN must follow the bylaws, policies, and procedures set forth by the FHSAA to remain in good standing and participate in interscholastic athletics. Within these bylaws, policies, and procedures are restrictions set forth for CSN and our student-athletes to abide by, in addition to our parent body and other affiliated parties. Athletic recruiting is considered a **gross** violation by the FHSAA and grounds for expulsion from the Association. CSN faculty, coaches, student-athletes, and parents all have a role in maintaining CSN’s good standing with the FHSAA. At no time shall any person affiliated with CSN’s athletic department (including parents) pressure, urge, or entice a student to attend CSN for the purpose of participating in interscholastic athletics. If a student who does not attend CSN (or parent/family member of a student who does not attend CSN) contacts you to inquire about our sports programs and/or attending our school, it is important that you immediately direct them to our Admissions Office at (239) 591-7575, Ext. 205 without offering advice or commentary. However, Policy 36.1.4 states that *“A school may conduct an academic recruitment program that is designed to attract students to the school based upon its total educational and extracurricular (athletic and activities) program. A school must not use an academic recruitment program as a disguise for athletic recruiting.”* If you have any questions about the FHSAA’s bylaws, policies, and procedures, please direct your questions to the Director of Athletic Operations.

Sportsmanship

CSN expects its student-athletes and coaches to compete fairly and respectfully. We understand that our conduct plays an important role in the reputation of our school. Appropriate and respectful conduct during contests is not only the responsibility of our coaches and student-athletes, but also our student body and spectators. During home contests we serve as hosts to the visiting team, its students, and spectators. As visitors, we will act as invited guests by being gracious for the home team's hospitality and treat their facilities with care and respect. At most contests, an FHSAA official is assigned to be the authority on all decisions regarding the rules of the contest and their interpretations. These decisions shall be accepted and final. Officials should always be treated with respect on and off the playing court or field.

Any student-athlete, coach, or spectator that does not demonstrate good sportsmanship shall be first warned of their unacceptable behavior, and upon further unsporting behavior, will be asked to leave the contest; immediate removal from CSN's campus can be expected for any spectator that doesn't heed a warning. Should CSN receive any fines resulting from inappropriate behavior of a student-athlete, coach, or other member of the Seahawk community, the responsible individual shall reimburse the School for any associated fines and fees as well as be subject to any other sanctions the School wishes to impose, within reason. Sportsmanship includes being appreciative of good performances by both teams competing. Remember, cheer for the Seahawks, not against our opponent.

Sport Offerings: Current State Classification and Districts for CSN teams:

Golf—1A, District 18: First Baptist Academy (FBA); Marco Island Academy (MIA); Seacrest (boys only); St. John Neumann (SJN) and Village School (boys only). **District Tournament Oct 15-17, Region Oct 22 - 24**

Cross Country—1A, District 8: Bonita Springs (BSHS); Canterbury; Evangelical Christian School (ECS); Everglades City; FBA; MIA; Moore Haven (MH); Seacrest; Southwest Florida Christian Academy (SFCA); SJN; Village School. **Districts Oct 22-27, Region Oct 31 – Nov 3**

Swimming/Diving—1A, District 9: Bishop Verot (BVHS); Canterbury; ECS; MIA; Oasis; Seacrest; SFCA and SJN. **Districts Oct 29 – Nov 3, Region Nov 5 - 10**

Tennis—1A, District 10: BSHS, Canterbury; ECS; FBA (girls only); MIA; Seacrest; SFCA and SJN. **District Tournament April 15 – 20, Region April 23, 25**

Soccer—1A, District 8: Canterbury; ECS; FBA; MIA; MH; Seacrest; SFCA; and SJN.

Boys Soccer District Tournament Jan 28-Feb 1, Region Feb 6, 9, 13

Girls Soccer District Tournament Jan 28-Feb 1, Region Feb 5, 8, 12

Track & Field—1A, District 8: BSHS; Canterbury; ECS; FBA; MIA; MH; Seacrest; SFCA; SJN and Village School. **District Meet April 8 – 17, Region April 26 – 27**

Football—2A, BIG6 Conference: LaBelle; Gateway; Moore Haven; SFCA; and SJN. **Region Nov 9, 16**

Volleyball & Basketball—5A, District 10: BVHS; Gateway Charter; LaBelle; Clewiston; Oasis and SJN.

VB District Tournament Oct 15-19, Region Oct 24, 30, Nov 6

Girls Basketball District Tournament Feb 4-8, Region 14, 19, 22

Boys Basketball District Tournament Feb 11-13 (Final Feb 16 at FSW Suncoast Arena), Region 21, 26, Mar 1

Baseball—3A, District 6: Canterbury; ECS; FBA; MIA; MH; SFCA and SJN. **District Tournament May 6 – 10, Region May 14, 17**

Softball—3A, District 6: ECS; MH; SFCA and SJN. **District Tournament April 29 – May 4, Region May 9, 14**

Lacrosse—Single Class, District 20: Barron Collier; Lely; and Naples. **District Tournament April 15 – 20, Girls Region April 25, 29, May 2, Boys Region April 26, 30, May 3**

Competitive Cheer—1A, Region 3.

Seahawk Fan Club: Coaches include this information at your parent meeting!

Role of the Club: The Booster Club exists to promote and support CSN's interscholastic athletic philosophy and all sport activities. Membership should be robust considering 80% of our students play JV or Varsity.

Membership: Membership shall be open to any person who subscribes to the purpose and function of the Booster Club.

Purpose: The Seahawk Booster Club shall promote, support and advance CSN athletics alongside the mission and vision of the school. In essence, the Club will advocate for those tenants of leadership, teamwork, responsibility and work ethic that remain the foundation of athletic excellence. It will not seek to influence or direct activities or policies of School administration or of CSN officials who are charged with responsibility of conducting the athletic program, nor violate the rules of the FHSAA which could jeopardize CSN's membership.

Financial: The Seahawk Booster Club supports our Athletic Department through their involvement with concession operations, annual dues, and other fund-raising opportunities that support CSN student-athletes. These funds will be accounted for through the CSN business office and disbursed at the discretion of the Director of Athletic Operations.

Relationship with Coaches: Coaches encourage their team's parents to be active members in the Seahawk Booster Club. Each Coach will identify "Competitive Edge" needs of their respective programs to the Director of Athletic Operations; those requests will be forwarded to the Booster Club leadership by the Director of Athletic Operations.

Fund Raising Activities

Athletic Department fund raising activities are an important part of setting our student-athletes up for success. The Seahawk Booster Club, the Director of Athletic Operations and the Advancement Office will work toward synergistic goals. The School's Advancement Office includes a team of professional fund raisers who are engaged in raising private philanthropic support for the School from a variety of sources including parents, alumni, grandparents, parents of alumni, friends, foundations and corporations to meet specific funding priorities as identified by the Head of School, the Advancement Committee of the Board of Trustees and the Board of Trustees. These school-wide fund raising events are critical to the overall financial structure of the CSN and deemed necessary to the functioning of the School. Funding priorities continue to be a complex challenge for Independent schools, and CSN shares that same dilemma. The School's relationship with its parents, alumni, grandparents, parents of alumni and special friends is extremely important to the success of the fund raising program. Athletic "Excellence" and "Competitive Edge Wish Lists" have recently been added into the overall Capital Campaign Fund; in order to maximize efforts in fund raising, the Advancement Office will work alongside the Athletic Department in all activities that involve philanthropy. It is the intent of CSN to promote philanthropy throughout the community, and recognize that there are numerous ways for individuals to get involved. It is important to make sure that any fund raising opportunities do not put an unrealistic or undue burden on CSN families. With the above in mind, the following guidelines need to be followed:

- All fund raising events on the CSN campus or which involve approaching CSN families and constituents must be approved by the Advancement Office
- Fund raising events conducted or led by individuals (administrators, faculty, students, staff) for non-profit organizations other than CSN are discouraged
- Fund raising events conducted by the student body as a whole or the faculty as a whole must be reviewed and approved by the Advancement Office

For further information, please contact the Advancement Office

Administrative Requirements for Coaches

All coaches (including volunteer coaches) must accomplish certain requirements to maintain their status as a CSN coach. The following requirements may be changed at anytime depending on FHSAA, FCIS, and other school regulations as prescribed by CSN Human Resources (HR). Please see the Director of Athletic Operations for the most up to date requirements.

The following requirements are for all coaches (including volunteer coaches):

- Complete employment paperwork as determined by HR to include background check and fingerprinting prior to any contact to student-athletes. **Volunteer Coaches must complete “Application for Volunteer Coaches.”**
- Successfully complete “Concussion in Sports,” “Heat Illness Prevention” and “Sudden Cardiac Arrest” online training at www.nfhslearn.com.
- Attendance to the appropriate seasonal CSN coaches meetings. At this meeting, further requirements and expectations will be reviewed.
- Contact Information Sheet, updated annually.
- Sign that you have read, understand, and will comply with FHSAA Policy 36 on Recruiting

The following requirements are for all coaches receiving a stipend (in addition to the requirements listed above):

- Varsity Head Coaches only: confirmation of official State Entry List (SEL) within designated time period. (Contact Ms. Amber O’Malley or Ms. Charlene Pascute for HomeCampus and SEL updates)
- Sign and return the Athletic Coach Contract / Employee Agreement. This must be done new every season coached.

FHSAA Mandatory Training

All Head Coaches and paid and/or supplemental coaches must complete “Sudden Cardiac Arrest” and “Concussion” online training at www.nfhslearn.com. These must be completed prior to the first practice date in your respective sport for the 2018 – 19 school year. Additionally, the AT 17 form must be submitted with the signatures of the school principal and athletic director by **Monday, July 30, 2018**. Coaches are required to take the courses separately; and all student-athletes must take the concussion course prior to their participation just like the physical and must be completed prior to try-outs. However, student-athletes can take the concussion course on their own, or as a group. Either way, they will be required to sign an addendum to the participation packet to be turned into the school stating they have viewed it.

CSN Athletic Department Training

Head Coaches are required to view “Sportsmanship” & “NCAA Eligibility” training at www.nfhslearn.com. These two supplemental online training courses provide some great recurring training into NCAA current landscape and the latest on Sportsmanship.

Concussions and ImPACT program

Following the FHSAA’s initiative to better protect our student-athletes from Second Impact Syndrome as well as establishing safe and clear return to play (RTP) guidelines, CSN follows the FHSAA Policy 40 on the Management of Sports-Related Concussions. The Certified Athletic Trainer (CAT) is responsible to ensuring this policy is appropriately followed. For a detailed copy of this plan, please visit the FHSAA website or ask the Athletic Department for a copy. CSN follows the requirements of the FHSAA’s Concussion Action Plan but has the additional requirement of utilizing the ImPACT (Immediate Post-concussion Assessment and Cognitive Testing) Program. With the ImPACT Program, student-athletes in higher concussion risk sports, as determined by the CAT, will be pretested for a baseline. And if a head

injury is suspected, a student-athlete will undergo a post-concussion ImPACT under the direction of the CAT or other appropriate health care professional. Some student-athletes may need to be tested more than once, depending upon the results of the test. Every student-athlete's baseline test data will be kept on file on the secure ImPACT website. In the event that a student-athlete is suspected of having a head injury but did not complete a baseline test, a post-concussion ImPACT can still be administered with the results being compared to the norm. The results of these tests may be a factor in determining when/if a child will be permitted to resume active participation.

Sports Supplements and Anabolic, Androgenic Steroids (AAS)

Sports supplements (ergogenic aids) are products used to enhance athletic performance. These products are considered a dietary supplement and are generally available over the counter without a prescription. Unlike prescriptions and medications, these products are not subject to strict FDA tests and regulations. Additionally, these supplements are not intended for adolescences.

Anabolic, androgenic steroids are synthetic derivatives of testosterone and the uses of these are prohibited by all sports governing organizations. The National Federation of State High School Associations (NFHS) states that using AAS “violates legal, ethical and competitive equity standards, and imposes unacceptable long-term health risks.”

CSN forbids the use of AAS as a means of performance-enhancement. We encourage our student-athletes to develop a well balanced eating plan to address their needs as an active adolescent. Any student-athlete or parent with questions about the use of sports supplements should consult with their doctor before taking any supplement. Sports supplements should only be taken under the advice of a physician and supervision of a parent, and should not be taken on campus.

Student-Athlete Attendance

Students must be in attendance for three (3) full periods during a normal school schedule to practice or play that day. This includes athletics, academic competitions and performing arts. (*Excerpt from the Upper School's Student Handbook*)

Athletes are expected to be at practice. Any absences may result in diminished playing time, not out of punishment, but rather in fairness to those who have regularly attended practice. Repeated unexcused absences could result in dismissal from the team.

It may be necessary for a student-athlete to be tardy to practice due at the request of a teacher to finish necessary class work, tests, or assignments. The Athletic Department and our coaches are supportive and understanding of student-athletes that must miss practice time due to academic obligations. For some athletic events it will be necessary for student-athletes to be dismissed from school prior to the end of the school day. Dismissal times are inputted into Senior Systems directly from the Athletic Department with notifications to US and MS administration each week. Coaches **cannot** change dismissal times without first discussing the proposed change with the Athletic Department; and that change must be authorized by the Athletic Department. Dismissal times are set to maximize classroom time; therefore, athletes are expected to remain in their classes until the posted dismissal time. It is important that coaches, parents, and student-athletes are aware of these dismissal times and follow them; our goal is to optimize dismissals within scheduled class transition times. For example, a 4 pm soccer game at Seacrest would look like this:

Dismissal from class—2:00 pm

Departure from CSN—2:30 pm

Warm-up—3:00 pm

Kick-off—4:00 pm

Release from Class

All interscholastic athletic contests should be scheduled so that students miss a minimum amount of class time. Head coaches should make arrangements with the Athletic Department to have students excused from class because of travel requirements only when absolutely necessary. The requested dismissal times should be reported on the Transportation Request form filled out at the beginning of the season. All coaches shall submit to the Athletic Office a list of all student-athletes, managers, etc., to be excused no later than the Friday prior to the early dismissal. Additionally, from time to time a team may return very late (after midnight) from a contest due to traffic, weather, or other circumstances. If this is the case, the coach should notify the Director of Athletic Operations that night. The Director of Athletic Operations will then notify the appropriate Division Head and the students may be permitted to report to school later the following day. The decision to report to school late may only be made by a School Administrator. Coaches will share with their student-athletes the time they must report to school the following day without penalty.

It is the responsibility of the student-athletes to see their teachers the day before classes they will miss because of an athletic contest. All work shall be made up at the convenience of the teacher. If a student-athlete does not complete the necessary work in a timely fashion, the student-athlete may lose the opportunity to be approved an athletic dismissal. This would be done at the request of the Upper School (US) Academic Dean or US Head.

Club Sports and Multi-Sport Athletes

CSN offers a wide variety of sports, and in order to be a competitive program year after year, we must encourage our student-athletes to be multi-sport athletes. As “Club” and AAU teams are growing in popularity, many student-athletes believe that they must commit and specialize in one sport to be competitive. That simply is not true. Concentration in one sport, at the middle school and high school level, can lead to overuse injuries and burnout. The development of a well rounded athlete by encouraging participation in multiple sports benefits not only the athletic program, but also our student-athletes. In addition, **if a student-athlete is involved in multi-sports, the in-season sport will take priority.** It is possible to compete simultaneously in both Seahawk and club/AAU sports. Coaches, alongside parents and student-athletes, should lay out a season plan to “share” the athlete. However, it must be noted that in the event of an overlap or conflict, CSN athletic teams take precedence. For those Coaches that share multi-sport student-athletes, ensure you work out a summer training schedule that balances the needs of the student-athlete’s health and welfare, injury prevention, team cohesion and CSN’s team priority in that order. Summer workout sessions should take into account multi-sport student-athletes—ensure we offset times and dates so that multi-sport athletes have ample time to train, recover and rest. All Head Coaches contact and coordinate in- and off-season workouts with Mr. Rich Crosby.

Season-to-Season Transitions

Coaches should not infringe on other athletic seasons. It is the responsibility of coaches to be familiar with the beginning and ending dates of each sport to avoid conflicts with another sport. **(See new FHSAA Sport Start Dates Page 13)** As a coaching staff, we must encourage all of our student-athletes to participate in multiple CSN sports. Additionally, we must encourage all of our student-athletes to completely fulfill their commitment to each of their sports. Should a student-athlete miss a team’s tryout period due to overlapping seasons, then the student athlete will be allowed a tryout after the previous season ends. Coaches should consider allowing a one week break for students participating in overlapping CSN athletic seasons. We all want the best for our student-athletes and the team; ensure that off-season training will not interfere with a student-athletes in-season competition and vice versa.

Commitment to Team: Policy should be discussed at Parent Meeting at beginning of the season.

A student-athlete should do everything to fulfill the commitment they have made to a sports team and avoid quitting prior to the end of a season. If, for any reason, a student-athlete decides that they will be leaving a team, the student-athlete should meet with the coach. If necessary, the meeting should also include the Director of Athletic Operations and student-athlete's parent(s). If the student-athlete is leaving the team early, the student-athlete may not participate in another sport until the season of the original sport is over.

Overnight Trips

At times, it may be necessary for athletic teams to attend athletic contests that require an overnight stay. Such trips must first be approved by the Athletic Department. No team may take more than 2 overnight trips during the regular season if the trip requires student-athletes to miss part of any school day. Trips over breaks are an exception but must still be approved by the Athletic Department.

For overnight trips during the regular season, the student-athletes are responsible for the cost of the hotel stay and all expenses related to the trip (meals, drinks, etc) with the exception of the team's entry fee, if applicable (unless there is a restricted gift made to the Booster Club that specifically addresses travel of a particular team/sport). Coaches are also responsible for their own expenses, including meals. The hotel arrangements must be made through the Athletic Department and families will be billed through the Business Office for the cost of the hotel.

For overnight trips for a state series contest (districts, regions, or states) CSN will pay for the hotel stay for 4 student-athletes per room and 2 coaches per room. Any additional costs (meals, water, Gatorade, souvenir shirts, etc) are the responsibility of the student-athletes and should be paid by the student-athletes at the time of expense. These costs should not be billed through the Business Office. Coaches attending the contest will receive meal money as calculated by the Athletic Department based on the number of meals required during the stay at a rate of \$10 for breakfast, \$15 for lunch, and \$20 for dinner.

Coaches will also be held responsible for ensuring that all student-athletes respect the team curfew, which will be designated by the coach. No team curfew should be later than 11:00 PM on the night before an athletic event/contest.

Transportation

Coaches must coordinate/schedule buses with the athletic office at the beginning of each season by filling out a **Transportation Request Schedule**. Coaches should confirm transportation at least 2 days prior to the contest. US students who drive and have cars **must** travel to away games with their team on the provided transportation if a round trip service is provided. Coaches should request transportation within to the following guidelines:

- All levels receive round-trip service for out-of-county trips (Immokalee or Marco Island).
- MS teams receive drop-off service for in-county trips (excluding Immokalee or Marco Island).
- Freshman, JV, or Varsity teams will arrange parent transportation for in-county contests.
- Variation from these guidelines must be approved by the Athletic Department.
- Charter Buses shall available for sanctioned State Series contests located 3 ½ hours or more away.
- Charter Buses are never provided for regular season contests, unless there are extenuating cases.
- The School Van (Sprinter), as well as rental vehicles, should be used for overnight trips.

Trips that necessitate drop-off service will require parents to pick their children up at the contest site. Coaches ensure all student-athletes have been picked up before leaving. Unfortunately, it is not always

possible to provide the requested service as detailed by the coach in the Transportation Request, so a team may need to assist the Athletic Department in arranging alternate transportation.

The following are guidelines for Athletic Transportation:

- There will always be a school representative on the bus during all CSN trips.
- A coach's non-attendance on the bus should be only for reasonable and extenuating circumstances.
- Students are not allowed to drive themselves to or from any event if round trip transportation is provided by the school. Any request for an exception to this rule must be approved by the Director of Athletic Operations no less than 1 day prior to the trip.
- Students are expected to remain in their seats, keep a minimal noise level, and control their bodies. Inappropriate body language and/or body gestures are unacceptable. Coaches are responsible for the student-athletes behavior while in their custody.
- Athletes should not wear cleats on the bus.
- No glass bottles on the bus.
- Food and Drink are allowed but all garbage must be picked up. Misuse of either will result in no longer being able to have food or drink on trips. It is the responsibility of the team (not the bus driver) to ensure the bus is clean at the conclusion of the trip.
- Model behavior is expected at all times; this includes but is not limited to others schools, field trip sites, hotels, and restaurants. Students should not deface or damage the bus in any way.
- Violation of trip rules will result in discipline action.
- If a student-athlete is planning to leave the game site with an adult other than their parent or guardian and transportation is being provided by the school, a coach must secure a note from the parent of the student-athlete or speak with the parent directly. The coach has the right to deny the request for alternate transportation of a student-athlete.
- If a student-athlete is planning to leave the game site with their parent or guardian at the conclusion of the event and transportation is being provided by the school, the parent/guardian must sign out the student-athlete with the coach. The coach has the right to deny the request for alternate transportation of a student-athlete.

Sport Start Dates 2018 – 2019: Cross Country, Football, Golf, Swimming & Diving and Volleyball—July 30th 2018. (Cheerleading will also start in July, check website for specifics)

Girls Soccer—Oct 22nd 2018

Competitive Cheer—Oct 15th 2018

Boys Soccer—Oct 22nd 2018

Girls Basketball—Oct 29th 2018

Softball / Tennis / Track & Field—Jan 21st 2019

Boys Basketball—Nov 5th 2018

Lacrosse / Baseball—Jan 28th 2019

Open gym is authorized during off-season periods provided the following: Must be open to all students, supervised at all times, coordinated with AD staff and no coaching (no instruction or skill drills—pre-conditioning drills are viewed as necessary for safety purposes). No open gyms authorized within 2 weeks of the start of a particular sport season.

Parent/Coach Communication

It is vital that both parents and coaches understand their role and follow the proper channels of communication to provide the best experience for our student-athletes in CSN Athletics. There may be times when coaching decisions come into question, including but not limited to playing time, assigning positions, and strategy. It is important that parents and athletes leave these decisions to the coach and trust that our coach is acting in the best interest of the team and program. In the event a parent or student-athlete does have a concern to discuss with a coach, it is important that the proper communication channels are followed.

1. Meet directly with the coach
2. Meet with the varsity head coach (if a different individual from #1)
3. Meet with the Director of Athletic Operations and coach

In most cases, concerns can be addressed by meeting directly with the coach; in the unlikely event concerns are not addressed, please go to the next person on the list. For the most efficient resolution, it is important that the first meeting is with the person closest to the issue of concern. It is important **not to** confront the coach before or after a game or practice. A 24 hour waiting period is encouraged before confronting a coach about issues.

Parent Meeting

Every team should have a parent meeting at the beginning of the season. This meeting will be conducted by the coach and a parent of each student-athlete should be present, as pertinent information will be distributed and discussed. It is also a good opportunity to open the lines of communication between parent and coach. At this meeting, the coach will discuss attendance expectations, equipment requirements, locations and times of practices and contests, transportation for all away contests, team rules, and varsity letter requirements (when applicable). At this time, the coach will also share their coaching philosophy and exchange contact information. This meeting shall take place within one week of finalizing the team's roster and before the first contest. The Athletic Department should be notified as to the date, time, and location of the meeting no less than one week prior. The coach is responsible for notifying the parents as to the date, time, and location of the meeting. We have a student-athlete contract for those of you that wish to use it. Remember, keep communication at the forefront!

Parent/Player Agreement

For coaches who are interested in having their student athletes and parents sign an agreement, please see the Athletic Department for a generic contract (**See Attachment 1 & 2 for Parent/Student example agreements on pages 23 & 24**). Also, you may choose to create your own personalized contract for your team specific sport. Coaches may hand out contracts to players and parents at the parents meeting at the beginning of the season.

Sports Awards Ceremonies

Every May, CSN holds a Sports Awards Banquet for JV and Varsity teams. **This year's banquet will be May 17th, 2019 on-campus in the Moe Kent Family Field House for any student-athlete, and their family, that participated and finished in good standing on a JV or Varsity team.** All JV and Varsity coaches are expected to attend. The Coaches will attend the banquet as the guest of the Athletic Department and therefore are not expected to pay. At the banquet, each coach will have the opportunity to introduce the team, give team members individual awards, as well as any special recognition as appropriate. The Athletic Department will also present several department awards, including: Male and Female Senior Athlete of the Year; FIAAA Male and Female Mandy Stoll & Sportsmanship Awards, Winged Foot Representative, Triple Crown Award and State level recognition. We want to provide some amplified guidance on a few of these awards to avoid confusion and frustration as we prepare for next year—please let your parents know about the awards, criteria and expectations in advance. A MS assembly will be held on campus for any student-athlete that participated and finished in good standing on a MS team. All MS coaches are expected to attend.

Winged Foot Scholar Award: This award recognizes the top scholar athlete in Collier County. To qualify for this award, one must be a Senior of high moral character, earn a Varsity letter in at least two FHSAA sanctioned sports, attain a cumulative GPA of at least a 3.0 and commit to a fully accredited junior college, college or university. Heavy emphasis is placed on academic and leadership achievements as well as athletic accomplishments. What is our process to identify this nominee at CSN? We have a panel of 7 or 8 faculty (school administrators, teachers, coaches) evaluate each candidate separately. If the evaluations result in a tie, then the top nominees are sent back to the panel for re-evaluation. In the event that we have a “to close to call” nominee situation, then the Senior Leadership Team (SLT) of CSN will come together to decide the nominee. To ensure transparency and fairness, hard copy packages are given to each panel member so there can be no electronic manipulation. Once a final decision is made, and the Head of School approves, then we will notify all candidates in advance of a public announcement. The Senior Athlete of the Year and Sportsmanship Awards are determined by the Director of Athletic Operations with input from all Coaches. Criteria for Triple Crown and Scholar Athlete shown below:

Triple Crown: Any student-athlete that participates in 3 or more (FHSAA sanctioned) Varsity sports; earns a Varsity letter in each of those different sports all in one school year.

Scholar Athlete: Unweighted 3.75 GPA and 2 (FHSAA sanctioned) Varsity letters in current school year.

Student-athletes that earn a varsity letter for the first time in a sport will receive a sport pin, letter, and certificate. Each subsequent year, student-athletes will receive a bar and certificate for each varsity letter earned. Student-athletes will only receive a letter upon earning the first varsity letter in the first sport. Student-athletes not receiving a varsity letter, but finishing the sport's season in good standing, will receive a Participation Certificate. All letter awards are at the discretion of the coach. For team awards, each team has the option of presenting two or three other awards (two for MS teams and three JV or Varsity teams) at the discretion of the coach at the awards banquet. These awards may be named by the coach (commonly MVP, etc). The Athletic Department will request the recipients and award names prior to the Sports Banquet.

Signing/Commitment Ceremonies

Student-athletes that decide to participate in athletics at the next level will be recognized at a ceremony on the last Friday in April or May 1st (depends if May 1st falls on a weekend) organized by the Athletic Department in concert with the US. Student-athletes that sign a National Letter of Intent from a sanctioned NCAA institution may have a separate ceremony based on NCAA compliance restrictions or personal circumstances.

Senior Night Process

It is the responsibility of the head coach to designate a night for honoring the teams graduating seniors. After confirming the date with the athletic department, senior night will be announced and advertized appropriately. The athletic department will also supply flowers for each individual senior. Coaches are responsible for picking up senior recognition forms from the athletic department for all seniors to complete and return to Ms. Charlene Pascute or Ms. Amber O'Malley in the athletic office. Decorations or pre/post game activity is the responsibility of team parents with approval of the Head Coach.

Season Procedures/Contact Numbers

If any problems with transportation, scheduling, weather or facility use arise—call the following:

Transportation—Amber O'Malley at 631-406-3815 or Cynthia Gillespie at 239-200-0736

Schedules—Charlene Pascute at 330-717-6097 or Amber O'Malley at 631-406-3815

Facility—On-call facility person will answer 239-571-7304

If there is a question on weather or alert notifications for postponed games, etc. Please call the office at 239-597-7575, Ext 251, 181, or 216. Director of Athletic Operations number is 239-571-3001.

End of Season Procedures

At the conclusion of each team's season (all levels, MS, JV, and Varsity), each coach must complete an end of season report and submit the report to the athletic department no later than two weeks from the last contest. This report must be filled out in its entirety. Additionally, each team coach must also schedule a meeting with the Director of Athletic Operations for an end of season Coaching Evaluation.

Uniforms

Uniforms are issued to student-athletes at the beginning of each season and must be returned at the conclusion of the season. Varsity teams will be provided a new set of uniforms every three or four years depending on budgets and "wear & tear." At that time, the older Varsity uniforms will be used at the JV or MS level; there may be opportunities to purchase other MS uniforms as we progressively build our Under Armour (UA) relationship. In order to maintain this rotation and stay within the budget from year to year, it is imperative athletes turn in all school owned equipment and uniforms they have been issued within one week of the end of the season. All uniforms should be washed. Coaches need to complete total team inventory within two weeks of the end of the season. Coaches should make every reasonable effort to collect uniforms from their student-athletes. In the event not all are collected, items lost or damaged will be billed to the parents. Since we order our uniforms in bulk, a single uniform or garment will be considerably higher in unit price. Not only may a uniform be higher in price, the manufacturer may discontinue certain items making it impossible to match a single uniform with a team set. Transcripts may be withheld until payment is made or uniform collected. Please help us in making sure seniors are not allowed to keep uniforms for posterity.

Team Shops

Athletes are encouraged but not required to purchase Team Shop items. Team shops will be included in our uniform ordering process; so it is mandatory for the Athletic Department to be intimately involved. Team Shop items may include shoes, warm-up suits, t-shirts, polo style shirts, practice gear, etc. Required items per sport should be kept at a reasonable cost (not to exceed \$250). Since the ordering will be done on-line, the student-athlete/parent is responsible for payment of the items. In the event of a student-athlete not completing a season, the student-athlete is still responsible for paying for all ordered items. All Team Shop items must be approved by the Athletic Department prior to ordering. All gear ordered must use the approved Seahawk Athletics logos, fonts, and artwork.

Admissions to Games

Admissions to games will be charged for all home team sport varsity contests. If JV or middle school contests scheduled immediately prior to a varsity contest, admission will be charged for those contests as well. Children under 6 are free. Faculty & Staff, CSN students, and CSN coaches have free admission to all regularly scheduled athletic home contests.

In the event of hosting FHSAA State Series Events, all spectators will be required to pay the admission price as determined by the FHSAA. Per FHSAA rule, this includes CSN students, faculty and staff, and CSN Coaches.

Team Selection and Placement within a Competitive Athletic Program

CSN is a Senior High School member of the FHSAA and recognized as a “combination” school. A combination school allows student-athletes in grades 6 – 12 to compete at the high school level and makes no distinction from a “middle school” student to a “high school” student. As compared to a traditional 9-12 high school, being recognized as a combination school allows CSN to safely develop younger student-athletes, accelerate competitive experiences and enhance overall educational development sooner. It is CSN’s aim to fill team rosters with the most talented student-athletes whenever practicable. Our Athletic Department is committed to early development opportunities, winning with integrity and rewarding those student-athletes that make the commitment to teamwork. We will make every effort to instruct, evaluate and coach all students who try-out for an athletic team; however, we hold injury prevention and safety of the student-athlete above all. At times, coaches may need to limit their roster sizes; and by doing so, some student-athletes will receive more instruction, playing time and be motivated to improve in a particular sport. Depending on the sport, smaller rosters will also provide safer practice environments and stimulate more team cohesion. Coaches involved in sports that conduct try-outs will communicate to those students not making a team roster in person and not by posting a list of names. Care will be taken at this time to do the following:

1. Encourage the student to continue their involvement with the sport – possibly with off-campus club teams, Collier County Parks and Recreation and/or the YMCA.
2. Encourage them to participate in another sport during that sport’s season.
3. Encourage them to try-out again next year with a summer development plan.
4. Encourage them to consider other extracurricular activities.

As a competitive athletic program, we will fill our rosters with the most talented student-athletes, regardless of age, beginning with the Varsity team; and operate within the FHSAA’s age restriction guidelines. By fielding the most competitive teams possible, the athletic program will be more successful and help foster school spirit for all students. Additionally, a successful season also extends season length and increases the overall level of play and competition; both of these will enhance the overall experience for our student-athletes. CSN has always assembled the best of our school’s talent on academic teams, theatrical productions and musical performances in an educationally centered environment. Just as the school would send its best spellers to a Spelling bee, top math students to Mu Alpha Theta, the FHSAA’s recognition of CSN as a “combination” school, allows the Athletic Department to follow suit by assembling our best athletic talent in a similar fashion.

Criteria for Adding Interscholastic Sports

The following criteria will be considered in depth prior to the addition of any interscholastic sports:

- 1) The Sport - By its nature, must be a competitive athletic activity which requires a high level of physical conditioning, training, and skill.
- 2) FHSAA - The sport must be an FHSAA sanctioned activity.
- 3) Student Interest - There should be an indication of strong student interest, not just in terms of participation but spectator interest as well. Greater consideration is given to a sport if that interest is not otherwise satisfied with another sport in the same season.
- 4) Scheduling and Competition - There must be organized interscholastic competition at the local and state levels allowing for scheduling local contests.
- 5) Facilities - Adequate facilities must exist. It must be possible to coordinate use of facilities so as not to conflict with existing programs.
- 6) Coaches - It must be possible to secure competent coaching.
- 7) Growth and Sustainability - Consideration must be given to the potential growth and sustainability of the sport.
- 8) Funding - Adequate funding must be available so that the sport can be supported. Funding will not be diverted from existing athletic programs to create new programs.
- 9) Gender Equal Opportunity - Priority will be given to those sports that best reflect the interests of male and female athletes while taking into account equal gender opportunity for athletic participation.

All requests to add a sport must be made in writing to the Director of Athletic Operations. After reviewing the request, if the Director of Athletic Operations determines the sport viable within the above criteria, the proposal will then be presented to CSN's SLT. The proposal will be discussed and a decision reached. If approved, the sport in question must be self-funded for four consecutive years prior to CSN taking on any fiduciary responsibility. The individual making the request will be notified as to the decision as well as the rationale of the decision. Please note, an approved sport will be added for the following school year in which the request was made. For example, if the request for a sport is approved during the current school year, the sport will become effective during the next school year.

Inclement Weather Procedures

Please check the weather forecast prior to any athletic event, especially during hurricane season. Should we experience severe thunderstorms prior to an outdoor athletic contest, the Director of Athletic Operations and the Head Coach will coordinate with the opposing team and officials to determine any course of action. If a decision is made to postpone or cancel a contest, please ensure you are signed up for “site alerts” on CSN’s Athletic website. This allows players, coaches, family and friends to get updates on game times, dates, locations and results. To register, please accomplish the following:

- Go to www.communtiysschoolnaples.org
- Click on Athletics
- Click on your sports team you wish to follow
- Click on alerts
- Sign in using your username and password
- Update your alert settings as you wish

Lightning Policy

Whenever lightning, strong winds, or rain are in the area and practice conditions are unsafe, team should immediately be removed from the fields, pools, or any other outdoor practice area. Shelter should be taken in a safe, indoor location until the threatening weather has subsided. The CAT on staff has the authority to determine unsafe practice and game conditions and has the responsibility to notify coaches when they must seek shelter. A good indicator of when lightning is in the area is the Thor Guard siren located on the outdoor concession stand. When lightning is in the area or is probable, the Thor Guard will sound one long horn and a yellow light will flash. When the lightning is a safe distance from the school, the “All Clear” call will be three long horns and the yellow light will no longer flash. It is imperative that all coaches, student-athletes, spectators, and anyone else on campus seek shelter when the horn sounds even if there does not appear to be lightning in the area. The CAT will check proper operation of the Thor Guard monthly to ensure it is in proper working order. **Please do not attempt to adjust or touch the Thor Guard system as it provides lightning data for many other facilities on campus.**

Emergency Action Plan / AED locations

In the event that we must evacuate the outer athletic fields during a Baseball, Football, Lacrosse, Soccer or Softball game (plus Track and Field & Swim/Dive Meet)—proceed to the Moe Kent Family Field House in an orderly fashion and await further instructions once inside the Lobby area. In case of a medical emergency, the on-site athletic trainer and/or emergency medical service professionals will direct the response. Should the occasion arise that a person suffers “Sudden Cardiac Arrest” and no medical professional is on site, then CSN has two AED locations (Concession stand area and the Field House). Follow the instructions on the AED and proceed with caution.

Code of Conduct for Interscholastic Athletics

CSN invites all students who possess the ability, attitude, and cooperative spirit to favorably represent our school by becoming candidates to participate in our interscholastic athletic program. Participation in athletics is a privilege and not a right. There is a relationship between a student's behavior on and off campus and the exercise of the student's privilege to participate in athletics. Student-athletes are representatives of the school and student body. They are more apt to be recognized in the community, an affinity to assume leadership roles, and become examples for their peers. For these reasons, all our participants need to conduct themselves on and off campus in a proper manner that reflects positively on CSN. There is a relationship between athletics and a participant's health, physical and mental ability, social competence, and discipline. Appropriate behavior by a student-athlete can contribute significantly to the overall culture of the school. **(See HB 7029 Code of Conduct Guide)**

In order to maintain a high level of performance in athletics, all participants are required to subscribe to and abide by the rules set forth by the **FHSAA and the CSN Student/Parent Handbook**. In addition, violations of the CSN Substance Abuse Policy, while off-campus, (not under CSN jurisdiction), may subject participants to temporary/permanent suspension from interscholastic athletics. Furthermore, coaches may establish more restrictive standards for their respective teams, which will be covered in pre-season meetings for parents and students. The Director of Athletic Operations will review all standards before being discussed at team meetings.

Any anticipated suspension and/or dismissal from an athletic team should be discussed with and final approval given by the Director of Athletic Operations prior to the suspension and/or dismissal imposed on a student-athlete. If a coach has a disciplinary situation that will not involve a suspension but will involve another form of discipline such as demotion of playing status, that information will be shared with the Director of Athletic Operations prior to enforcement of the disciplinary action. Any participant who is suspended or dismissed from a team will have a joint meeting with the coach, parent(s), and Director of Athletic Operations.

Inappropriate behaviors that **will not** be tolerated at any time are as follows:

- Drug, alcohol, or tobacco use
- Stealing / Fighting / Profanity and vulgar language
- School/classroom discipline issues / Sportsmanship / Dress Code
- Sexual harassment of any kind
- Social Media issues / Bullying
- Verbal disrespect to coaches, teachers, administrators, officials, or opponents
- Instigation of game or match violence with intent to harm
- Mistreatment or disrespect toward any athletic department staff member
- Four Year Limit of Eligibility
- Age Limit—19 years 9 months (seniors) or 19 years on or after September 1
- Any other CSN policy which would remove or prevent a student from participating in extracurricular activities

FALL TEAMS

Girl Teams

Varsity Cross Country
MS Cross Country
Varsity Cheerleading
MS Cheerleading
Varsity Golf
MS Golf
Varsity Swim/Dive
Varsity Volleyball
JV Volleyball
MS "A" Volleyball
MS "B" Volleyball

Boy Teams

Varsity Cross Country
MS Cross Country
Varsity Football
MS Football
Varsity Golf
MS Golf
Varsity Swim/Dive

WINTER TEAMS

Girl Teams

Varsity Basketball
MS Basketball
Competitive Cheer
Varsity Cheerleading
Varsity Soccer
MS Soccer

Boy Teams

Varsity Basketball
JV Basketball
MS "A" Basketball
MS "B" Basketball
Varsity Soccer
MS Soccer

SPRING TEAMS

Girl Teams

Varsity Softball
Varsity Lacrosse
Varsity Tennis
MS Tennis
Varsity Track & Field
MS Track & Field

Boy Teams

Varsity Baseball
Varsity Lacrosse
MS Lacrosse
Varsity Tennis
MS Tennis
Varsity Track & Field
MS Track & Field
Varsity Football
MS Football

Sailing is not a FHSAA Sanctioned Sport: Varsity letters will be awarded with authorization from a CSN qualified Sailing Coach

2018 – 2019 Upper School CSN Class Schedule

US Daily Schedule 18-19						
Times	A (Drop 7)	B (Drop 6,5)	C (Drop 3)	D (Drop 4,2)		E (Drop 1)
8:00-8:45	P1	P1+ (8:00-9:10)	P1	P1		P3
8:50-9:35	P2		Break	P2	P3	
9:40-10:25	P3	P2+ (9:30-10:40)	P4	11-12 Assmb (9:40-10:10)	9-10 Advisory (9:40-10:00)	P4
10:30-10:40	Advisory		Advisory	11-12 Advisory (10:20-10:40)	9-10 Assmb (10:20-10:50)	Advisory
10:40-11:10	Break A	Break B	Break C	Break D		Break E
11:15-12:25	P4+	P3+	P7+	P6+		P5+
12:30-1:00	US LUNCH					
1:05-1:35	Flex A	Flex B	Flex C	Flex D		Flex E
1:40-2:25	P5	P4	P5	P7		P6
2:30-3:15	P6	P7	P6	P5		P7

Attachment 1

Community School of Naples (CSN) Volleyball Program Player Guidelines *Please read carefully before signing*

1. CSN Volleyball Program is committed to the development of individual players and teams. All players who participate in this program will exhibit this same commitment back to their team and individual players. This attitude must be taken very seriously and considered prior to playing.
2. If a problem occurs during the season, the following sequence of events are to be followed:
 - A. The player is to meet with the coach and discuss her concerns. During the week, these meetings should take place before or after a scheduled practice. During a competition/play date, the player should request to talk with her coach between matches. It is the responsibility of the PLAYER to initiate this meeting.
 - B. After the above meeting has taken place and further discussion is needed, the parents are to contact the Coach and arrange for a meeting. At that time, the player, parents and coach will discuss the concern. The meeting will not be held unless all parties are present.
 - C. If the concern cannot be resolved, the Director of Athletic Operations and Coach will meet and do what is best for CSN, student-athlete and the Volleyball program.
3. CSN Volleyball program disciplinary policy:
 - 1st offense: Warning. Player/Coach meeting.
 - 2nd offense: Player/Coach/Parent meeting.
 - 3rd offense: Player/Coach/Parent/Director of Athletics meeting. One week suspension.
 - 4th offense: Player/Coach/Parent/Director of Athletics Meeting. Suspension for two weeks or termination from program.
4. Players who miss practice and do not notify their respective coach in advance will be disciplined.
5. Players who start the program, then subsequently quit are prohibited from playing another sport until the season ends or the last official CSN game—whichever is last.
6. All school-sanctioned events take precedence over practices and competitions.
7. Drugs/Alcohol/Behavior: Any player of CSN Volleyball program who is caught or under the influence of any form of drug or alcohol before, during or after any event will be removed from the program immediately. Any player whose behavior is considered detrimental to the reputation of CSN, CSN Athletics or our Volleyball program, at any time, will be removed from the program.

CSN Volleyball Program has a zero tolerance policy for drugs, alcohol, theft, vandalism and actions unbecoming of a CSN Volleyball player.

Player signature

Parent signature

Date

Attachment 2

Community School of Naples (CSN) Volleyball Program Information: Parents

The purpose of these rules is to establish guidelines for parents. We all realize that the intent of 99% of the parents is positive and pro daughter/player. It has become evident over the years that some volleyball events are ruined by insensitive and disrespectful individuals who choose to embarrass themselves, their daughters and all others around them during or after volleyball matches. These actions are usually directed toward coaches, officials or players. CSN Volleyball Program WILL NOT TOLERATE THIS TYPE OF ACTION. The only warning offered is this document. The consequence is suspension or termination of the player. If a player in CSN Volleyball program quits the team at anytime during the season (season is defined as the start of practice through the final District, Region or State Series game in which CSN is still participating) then that player must wait to play the next sport until Volleyball has concluded.

Guidelines: *Please read carefully before signing.*

1. All parents will conduct themselves in a positive fashion during all practices and competitions which they choose to attend. All references to their daughter or any other players must be positive whether verbal or non-verbal. Parents who cannot follow these rules are asked to stay out of the gym during all practices and competitions.
2. No parent is to coach or attempt to coach their daughter or any other player during any practice or competition. If you distract your daughter during practice or competition that becomes detrimental to her ability to play you will be asked to leave the practice or competition.
3. Parents may not be on the gym floor during practice or competition.
4. Parents are not allowed to discuss player/team performance topics before/during or after any practice or competition with the coach. If there are questions, then the player must make arrangements to meet and discuss these issues with her respective coach. The parent may contact the Coach with further questions after their daughter has discussed the issue with her coach. In the event further discussion must take place, then a meeting with the Coach, parent and Director of Athletics will follow. Playing time (amount of) is a non-discussable topic with regards to all team players. No player is guaranteed any specific amount of playing time.
5. **Practice Expectations**
 - No parents in practice
 - Not fair to other players, feeling “watched/critiqued” by another parent
 - In practice we teach players about our program – getting them ready for our season
 - Nothing to hide – no demeaning/name calling – what we believe is best practice.
6. **Drugs/Alcohol/Behavior:** Any player of CSN Volleyball program who is caught or under the influence of any form of drug or alcohol before, during or after any practice or competition will be removed from the program immediately. Any player whose behavior is considered detrimental to the reputation of CSN Volleyball at any time will be terminated from the program. CSN Volleyball Program has a zero tolerance policy for drugs, alcohol, theft, vandalism and actions unbecoming of a CSN Volleyball Player.

Parent signature

Player signature

Date

House Bill (HB) 7029 Code of Conduct Guide

HB 7029 mandates each District School Board establish and publish eligibility standards for extracurricular activities in its Code of Student Conduct. At the request of several school districts, examples of information to consider are provided below to serve as a guide. By no means are these items a recommendation, but merely to serve as a guide. (s. 1006.195)

(1)(a) A district school board must establish, through its code of student conduct, student eligibility standards and related student disciplinary actions regarding student participation in interscholastic and intrascholastic extracurricular activities. The code of student conduct must provide that:

- 1. Students not currently suspended from interscholastic or intrascholastic extracurricular activities, or suspended or expelled from school, pursuant to a district school board's suspension or expulsion powers provided in law, including (1006.07, 1006.08, 1006.09) are eligible to participate in interscholastic / intrascholastic extracurricular activities.*
- 2. A student may not participate in a sport if the student participated in that same sport at another school during that school year, unless the student meets the criteria in s. 1006.15(3)(b).*
- 3. A student's eligibility to participate in any interscholastic or intrascholastic extracurricular activity may not be affected by any alleged recruiting violation until final disposition of the allegation pursuant to s. 1006.20(2)(b).*

The following includes a list of examples, but not limited to, may be considered for inclusion as eligibility standards to participate in extracurricular interscholastic or intrascholastic activities:

- School attendance policy that may prevent a student from participating
- Alcohol/drug related behavior / School/classroom discipline issues / Dress Code Policy
- 2.0 GPA Required for Academic Eligibility. A middle/junior high student must have 2.0 GPA, or the equivalent of a 2.0 GPA based on a 4.0 scale, at the conclusion of each semester. A high school student must have a cumulative 2.0 grade point average on a 4.0 unweighted scale, or its equivalent, at the conclusion of each semester to be academically eligible during the next semester (s. 1006.15(3)(a)1, Florida Statutes). Final grades previously earned by the student from another school shall not be converted using the scale in Bylaw 9.4.2. A district may require more stringent academic requirements (i.e. no F's)
- Social Media issues / Bullying / Sportsmanship
- 4-Year Limit of Eligibility / Age Limit: 19 years 9 months (seniors), 19 years on/after Sep 1
- Physical Evaluation (EL2) and Consent and Release from Liability Certificate (EL3)
- Any other district policy which would remove or prevent a student from participating

One of the exceptions for students who transfer schools and wish to continue participating in the same sport at a new school is “authorized for good cause” published in district or charter school policy. The following includes a list of examples, but not limited to, consideration for “good cause authority”:

- Move to a new residence – the student moves to a new home address due to a move by the student and a person or person(s) with whom he/she has been previously living that makes it necessary for the student to attend a different school.
- Move to a new residence following the marriage of the student. The student immediately establishes a new residence that makes it necessary to attend a different school.
- Reassignment by District School Board or Charter School Board
- Transfer of school within the first twenty days – i.e. acceptance into a previously applied for magnet program